



Produced by
The National Film Board of Canada
for the program

challenge for change société nouvelle



one of a group of films about

WORKING MOTHERS

designed to promote discussion about
the issues faced by women concerning
their work and their children in this
society



in cooperation with departments and
agencies of the Government of Canada

Distributed by
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They Appreciate You More

16mm Color
Time: 14 minutes 42 seconds

Aliette lives in Montreal with her husband and three children. Since both Aliette and Pierre work outside their home "full time", they share household responsibilities. This development has changed them as individuals and, they think, has affected the dynamics of their family – for the better. This film is interesting to mixed audiences of women and men.

Production, Direction and Editing:
Kathleen Shannon
Photography: Bob Nichol
Assistant Camera: Susan Gabori
Assistant Editors:
Gloria Demers and Elizabeth Joutel
Location Sound:
Gui Bernardes and Ron Seltzer
Negative Cutter: Mae Walsh
Re-recording: Jean-Pierre Joutel
Executive Producer: Len Chatwin

Questions to ask ourselves:

In terms of healthy families, where did this family start and how far has it progressed?

Pierre says: "Anyone who is human should feel independent." What does a human need to feel independent?

Does the adjustment seem easy or difficult for Pierre? For Aliette?

When we decide we want to make changes in our lives, where do we look for emotional support?

Do many women wait until their health breaks before they ask for help? Why might a woman feel the need to do this?